

(FOR THE CANDIDATES ADMITTED
DURING THE ACADEMIC YEAR 2020 ONLY)

(NO OF PAGES: 1)

20 UZY 4N3

REG.NO

NGM COLLEGE (AUTONOMOUS): POLLACHI

END – OF – SEMESTER EXAMINATIONS: JULY- 2022

UG DEGREE PROGRAMMES (AIDED)

MAXIMUM MARKS: 50

IV SEMESTER

TIME: 2 HOURS

PART – IV NON MAJOR ELECTIVE PAPER- II

FOOD AND NUTRITION

SECTION - A

(10 X 1 = 10 MARKS)

ANSWER ALL OF THE FOLLOWING QUESTIONS.

MULTIPLE CHOICE QUESTIONS

(K1)

- The role of food is -----
a) Supply energy b) Growth and repair c) Temperature d) All the above
- Which one of the food items is having high calorie value?
a) Carbohydrate b) Protein c) Fat d) Water
- % of an egg is edible?
a) 77 b) 88.5 c) 68 d) 98
- Which one of the mineral is rich in fish?
a) calcium b) Manganese c) Nickel d) Copper
- The Prevention of Food Adulteration Act was established in India is _____
a) 1984 b) 1954 c) 1964 d) 1994

ANSWER THE FOLLOWING IN ONE OR TWO SENTENCES

(K2)

- Nutrition
- Energy expenditure
- Condensed milk
- Fleshy fruits
- Food spoilage

SECTION - B

(5 X 8 = 40 MARKS)

ANSWER ANY FIVE QUESTIONS OUT OF EIGHT QUESTIONS.

(K3)

- Explain composition of food
- What are the nutritional requirements of adolescence and old age?
- Discuss the various roles of balanced diet
- Describe the different types and importance of egg by products in the diet
- Write different types of fruits and their health benefits to human
- Explain the food born diseases.
- What is food adulteration? and explain how can it be identified ?
- Discuss the methods of portable water purification