

(FOR THE CANDIDATES ADMITTED

23USW306

DURING THE ACADEMIC YEAR 2023 ONLY)

REG.NO.

N.G.M.COLLEGE (AUTONOMOUS) : POLLACHI

END-OF-SEMESTER EXAMINATIONS : NOV-2024

BSW

MAXIMUM MARKS: 75

SEMESTER - III

TIME : 3 HOURS

PART - III

23USW306 – COUNSELLING AND GUIDANCE

SECTION – A

(10 X 1 = 10 MARKS)

ANSWER THE FOLLOWING QUESTIONS.(K1)

1. The goal of counselling is to
 - (A) Provide medical treatment
 - (B) Offer legal advice
 - (C) Facilitate personal growth and resolve issues
 - (D) Make financial investments
2. The term that is most associated with long term treatment of mental health issues is
 - (A) Counselling
 - (B) Guidance
 - (C) Psychotherapy
 - (D) Advice
3. Which is not a component of Freud's Structural Model?
 - (A) Id
 - (B) Ego
 - (C) Super Ego
 - (D) Persona
4. The principle that emphasizes client's autonomy and right to make their own decisions is
 - (A) Confidentiality
 - (B) Beneficence
 - (C) Nonmaleficence
 - (D) Respect for persons
5. The skill that is crucial for effective counselling
 - (A) Ability to multitask
 - (B) Active listening
 - (C) Expertise in specific subject
 - (D) Public speaking

ANSWER THE FOLLOWING IN ONE (OR) TWO SENTENCES

(K2)

6. Write the meaning of counselling.
7. What is psychotherapy?
8. Who found the psychoanalytical model?
9. Name any two factors influence counselling.
10. Who is a counsellor?

SECTION – B

(5 X 5 = 25 MARKS)

ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS.(K3)

11. a) Narrate the concept of counselling.
(OR)
b) Recite any one definition of counselling.
12. a) Distinguish between counselling and advice.
(OR)

- b) Differentiate between counselling and direction.
13. a) Categorize the techniques of counselling.
(OR)
b) Explain the behavioural modification technique with illustrations.
14. a) Explicate the influential factors of counselling.
(OR)
b) Interpret the principles of counselling.
15. a) Formulate the basic requirements for counselling.
(OR)
b) Point out the skills of a counsellor.

SECTION – C

(5 X 8 = 40 MARKS)

ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS.(K4/K5)

16. a) Point out the objectives of counselling.
(OR)
b) Enumerate the scope of counselling.
17. a) Is counseling a profession? Discuss.
(OR)
b) Distinguish between counselling and guidance.
18. a) Explain the psychoanalytical model of counselling.
(OR)
b) Evaluate the strengths of psychoanalytic approach in contemporary counselling setting
19. a) Do Emotions influence counselling? Discuss.
(OR)
b) Describe the counselling process.
20. a) Why is counselling with different groups essential?
(OR)
b) Summarize the roles and functions of counsellor.
