

N.G.M.COLLEGE (AUTONOMOUS) : POLLACHI

END-OF-SEMESTER EXAMINATIONS : MAY 2024

MASTER OF SOCIAL WORK

MAXIMUM MARKS: 50

SEMESTER : IV

TIME : 3 HOURS

COUNSELLING THEORY AND PRACTICE

SECTION – A

(10 X 1 = 10 MARKS)

ANSWER THE FOLLOWING QUESTIONS.

(K1)

1. Professional counselors help clients identify goals and potential _____ to problems.
a. behaviours b. solutions c. ways d. changes
- 2 Vital part of a counselor is to help client's feel heard and it is otherwise known as _____.
a. listening b. sympathizing c. divided attention d. active listening
3. Responding empathically to the emotions of another person by repeating in other words is known as _____.
a. Summarizing b. paraphrasing c. phrasing d. focussing
4. Emotional disorders are maintained by cognitive factors which are based on _____ therapy.
a. . psycho analytical b. cognitive behavioural c. client centered d. TA
5. Counseling designed to help with choosing, changing or leaving a career is known as _____.
a. guidance b. geriatric counseling c. career counseling d. Advise

ANSWER THE FOLLOWING IN ONE (OR) TWO SENTENCES

(K2)

6. Define counseling.
7. What is empathy?
8. What is termination?
9. Expand REBT.
10. Expand AIDS.

SECTION – B

(5 X 3 = 15 MARKS)

ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS. (K3)

11. a) Describe the characteristics of counseling.
(OR)
b) Differentiate counseling from advise.
12. a) List the characteristics of a counselee.
(OR)
b) Highlight the check list for a counselor.

(CONTD 2)

13. a) Elaborate the significance of communication in counseling.
(OR)
b) Differentiate transference from counter transference.
14. a) Examine the significance of psycho analytic approach in counseling.
(OR)
b) Eclectic approach is fusion of approaches – compute.
15. a) ‘Counseling employees increases productivity’ – Comment.
(OR)
b) The scope of marital counselors are increasing – Interpret.

SECTION – C**(5 X 5 = 25 MARKS)****ANSWER EITHER (a) OR (b) IN EACH OF THE FOLLOWING QUESTIONS.****(K4 /K5)**

16. a) Discuss the elements of counseling.
(OR)
b) Trace the evolution of counseling.
17. a) Discuss the professional qualities of a counselor.
(OR)
b) Summarize the importance of counseling relationship.
18. a) Analyze intervention strategies and explain the best strategy for alcoholics. .
(OR)
b) Recommend the skills needed for a counselor to handle the children with behavioural problems.
19. a) Cognitive approach is the base for behavioral modification – Conclude with examples.
(OR)
b) Transactional Analysis stream lines the communicative aspect of the client – Evaluate.
20. a) Explain the role of a counselor in dealing the client with suicidal thought..
(OR)
b) Counselors play a major role in crisis intervention - Justify
