

(FOR THE CANDIDATES ADMITTED

20HEC606

DURING THE ACADEMIC YEAR 2020 ONLY)

REG.NO.:

N.G.M.COLLEGE (AUTONOMOUS): POLLACHI

END-OF-SEMESTER EXAMINATIONS: MAY-2023

UG DEGREE PROGRAMMES (AIDED & SF)

MAXIMUM MARKS: 50

VI - SEMESTER

TIME: 2 HOURS

PART – IV

HUMAN EXCELLENCE - GLOBAL VALUES & SKY YOGA PRACTICE – VI

SECTION - A

(10 X 1 = 10 MARKS)

ANSWER THE FOLLOWING QUESTIONS.

MULTIPLE CHOICE QUESTIONS.

(K1)

- In the earth, exhaust of excessive carbon forms a layer in the atmosphere, ceasing the outlet of daytime temperature this is called _____.
a) Green house effect
b) Red colour effect
c) Yellow colour effect
d) Black colour effect
- _____ is the cause for the effect of action.
a) Desire
b) Law of nature
c) Anger
d) Worry
- “An Indian never goes alone anywhere but he takes 5000 year old tradition and culture along with him”. This statement is given by _____.
a) Bharathiar
b) Mahatma Gandhi
c) Vivekanandar
d) Nehru
- The length of _____ is not important but how usefully we lived is important” This statement is given by Swami Vivekananda.
a) Wealth
b) consciousness
c) life
d) fame
- Five senses are focused on _____ meditation.
a) Thuriya
b) Agna
c) Santhi
d) Panchendriya

ANSWER THE FOLLOWING IN ONE (OR) TWO SENTENCES.

(K2)

- What is racial discrimination?
- Mention any two economic concepts.
- What is terrorism?
- Write any two pillars of democracy.
- Which mudra helps to concentrate the mind in meditation?

SECTION – B (5 X 8 = 40 MARKS)

ANSWER ANY FIVE OF THE FOLLOWING QUESTIONS. IN FOUR PAGES EACH. K3/K4

- Explain the problems of racial discrimination and its solutions
- Explain the ecological imbalance threat to the world and its solutions.
- Describe the practicing methods and benefits of mudras.
- “Man is the cause and man is the solution” – Analyze.
- Analyze the present day terrorism and its solution.
- Analyze the reasons and remedies for economic marginalization.
- Explain Panchendiriya meditation and its benefits.
- Describe the fundamental factors for cultural degradation and its solution.
